



Issue 15 July 2009

Lewisham's Showcase Event a Success

People packed into the Civic Centre in Catford on 10th July to see the launch of the Time Bank Development Strategy and showcase event.

Vanessa Gould said: "This is the first time any borough has put in place a solid strategy to support timebanking, laying out where we intend to go and how we will improve the health and well-being of people in Lewisham."

Dr Edgar Cahn flew all the way across the Atlantic to be there and gave a wonderfully inspiring speech about timebanking. There was also singing, dancing and poetry readings incorporated into this co-produced event, with local time banks displaying photos and information during the breaks.

Community Voices

Are your time bank members interested in media?

Then Community Voices can help with support, resources, training and mentoring; and possibly even grant funding for community projects which involve keen time bank members having their voices heard.

Community Voices will launch officially in October 2009, but you can join the community network now by registering your interest on our website: <http://www.mediatrust.org/communityvoices>

New Chair of Timebanking UK

The board of Timebanking UK have just completed the recruitment process of acquiring a new chair, following the stand down of Martin Farrell at the last AGM in Blackpool.

We'd just like to say a warm welcome to the new chair, Marvin Aristotle who I'm sure people will be hearing lots about in the future.

Get Moving

Get Moving is a week of mass-participation physical activity events in October (3 to 11 October 2009) challenging mental health stigma and discrimination by bringing people together for better mental wellbeing.

Time to Change is England's most ambitious programme to end discrimination faced by people who experience mental health problems, and they'd like you to help them bring together people with and without mental health problems to exercise at fun events.

There are lots of free resources on the website together with helpful information and a helpline for those organisations or individuals who may want to plan an event.

For more information please see <http://www.time-to-change.org.uk>

US Conference

TimeBanks USA kindly sponsored time bank representatives in England, Wales & Scotland to travel and attend the TBUSA conference in Madison last month. Despite delayed flights and lost baggage, everyone came back energised and with lots of stories to tell.

The event was hosted by The Dane County Time Bank which has a youth court, a Time Dollar store and 1300 members!



For more resources on the TBUSA conference, please go to: <http://tbusa.org/>