



Issue 17 September 2009

World news - Youth in action

Nizhny Novgorod Voluntary service are hoping to organise a 5 day youth timebanking seminar to be held in June 2010 in Russia.

The project aims to bring together coordinators and active participants of timebanking all over the world, to share the best practices and plan common future activities.

Please contact Amandine if you're interested: gillet_amandine@hotmail.com

Bee's Bench

A bench and a tree have been placed in memory of Belinda Harries (former member of Rushey Green Time Bank) at Sydenham Wells Park. If anyone would like a map of the exact location, please contact TBUK (sarah@timebanks.co.uk) and we will send you the PDF.

"Remember I am not a label, or a diagnosis, or a symptom, or just stark staring mad... but I have a name, a soul, a personality and oodles of so many talents to share with others."



Posh Picnic at Kew Gardens

Kings Cross Time Bank and Richmond Time Bank organised a joint posh picnic in Richmond this month.

"Just in time, it poured, so we made camp with our M&S and Waitrose nibbles inside a church hall called The Vineyard, where Richmond Borough Mind does some work. Then we braved the weather and climbed up Richmond Hill to gorgeous landscaped gardens.

The views from the top were stunning; we then meandered through the gardens and made it just in time before the next shower into a little cafe where we had coffee and cake. Then the clouds cleared and we had a lovely slow walk along the river (featuring the ice-cream in the photo) back up to Richmond Green, near the station."



Focus on: Time Bank West Somerset

Time Bank West Somerset was set up on the 1st February 2008 and launched on 31st August 2008 as one of the first time bank to be run totally by volunteers. We are the 103rd Time Bank in the UK and the 1st to be run by volunteers.

We have 42 members and have exchanged 2302 hours since we started.

The Time Bank was set up to support the Alcombe Active Living, Alcombe Friendship Centre which has been supported and funded by Somerset County Council and has expanded to the local community and other areas in West Somerset.

Members have found it has changed their lives and helped make new friends and believe that there is always someone available who can help with those chores they cannot do themselves.

A special thank you to Jon Cousins from Avalon Fair Shares who helped us set up and continues to support us with his expertise and training.

First Anniversary in Ramsgate

Local MP Stephen Ladyman joined Action for Children staff and other members of the community last week to celebrate the first birthday of the innovative Time Bank project. They marked the anniversary with lunch at St Luke's Church Hall in Ramsgate on Saturday 19th September.

The project, which was set up a year ago by Action for Children's Hereson Family and Community Centre in Ramsgate with the help from the Big Lottery Fund, has exchanged more than 700 hours with nearly 50 members.

In addition, the project also runs a telephone support service for Time Bank members who need to talk to somebody. This is provided by trained Time Bank members. The next round of training for volunteers will start this autumn.

For more information about Hereson Time Bank, contact Laurence Metayer, Hereson Time Bank Co-ordinator, on 01843 596763.

